

# Parent Education Program

## Term 2 2018



### Program at a glance

<p><b>Week 6:</b> <b>Monday 4<sup>th</sup> June</b> 7:00pm – 9:00pm</p>	<p><i>Godelieve Hofman-Verkuy:</i> <b>How to Raise an Emotionally Intelligent Child</b></p> <p><a href="http://www.trybooking.com/UNTS">www.trybooking.com/UNTS</a></p> <p><b>Note: There will also be a six-part series offered – see further down for details</b></p>
<p><b>Week 6:</b> <b>Wed 6<sup>th</sup> June</b> 9:15am – 11:00am</p>	<p><i>Diane Tatum: Eurythmy:</i> <b>Building Health, Harmony and Intelligence in Children (and Adults!)</b></p> <p><a href="http://www.trybooking.com/VUTE">www.trybooking.com/VUTE</a></p>
<p><b>Week 7:</b> <b>Wednesday 13<sup>th</sup> June</b> 7:30pm – 9:00pm</p>	<p><i>Lisa Devine:</i> <b>Understanding the Pre-Adolescent Journey</b></p> <p><a href="http://www.trybooking.com/VUSX">www.trybooking.com/VUSX</a></p>
<p><b>Weeks 7, 8, 9 Term 2</b> <b>(June 14, 21, 28)</b> Part 1</p> <p><b>Weeks 2, 3, 4 Term 3</b> <b>August 2, 9, 16</b> Part II Thursdays 7:00pm - 9:00pm</p>	<p><i>Godelieve Hofman-Verkuyl:</i> <b>Tuning Into Kids Six-Part Series</b></p> <p>\$210 pp, \$360 per couple (a further discount applies to Kamaroi parents)</p> <p>Bookings and Enquiries: Godelieve on 0425 256 989 or <a href="mailto:info@goodfamilylife.com.au">info@goodfamilylife.com.au</a></p>
<p><b>Week 8:</b> <b>Friday 22<sup>nd</sup> June</b> 9:00am – 11:00am</p>	<p><i>Vanessa Snaith:</i> <b>Winter Creative Communion</b></p> <p><a href="http://www.trybooking.com/VUTF">www.trybooking.com/VUTF</a></p>

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## How to Raise an Emotionally Intelligent Child

**Presented by Godelieve Hofman-Verkuyl**

**Monday 4<sup>th</sup> June, 7:30pm – 9:00pm**

[www.trybooking.com/UNTS](http://www.trybooking.com/UNTS)

Would you like to learn how to:

- Support your child, even when they behave in really challenging ways?
- Help your child to manage their emotions, including anger and anxiety?
- Help to prevent behaviour problems in your child?

In this 90 minute presentation you will learn:

- What Emotional Intelligence is and why it is important
- How behaviours are connected to an emotion
- Tips and tools to help your child recognise, and regulate their emotions
- Strategies to manage challenging behaviours e.g. aggression and anxiety

This presentation provides you with an introduction to the Tuning into Kids course, which will be offered to parents at Kamaroi over 6 nights in June and August 2018.

*This evening will be presented by Godelieve Hofman-Verkuyl, an ex-Kamaroi parent. Godelieve is an accredited and highly experienced Parent and Youth Educator with over 15 years' experience in assisting families in creating respectful, understanding and supportive relationships between parents and their children. For more information visit [www.goodfamilylife.com.au](http://www.goodfamilylife.com.au) or contact Godelieve on 0425 256 989*



Enquiries: [parented@kamaroi.nsw.edu.au](mailto:parented@kamaroi.nsw.edu.au), or Katie Orton on 0405 329 006. The program is also on our website [www.kamaroi.nsw.edu.au](http://www.kamaroi.nsw.edu.au)

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### Eurythmy: Building Health, Harmony and Intelligence in Children (and Adults!)

**Presented by Diane Tatum**

**Wed June 6<sup>th</sup> 9:15am – 11:00am**

[www.trybooking.com/VUTE](http://www.trybooking.com/VUTE)

Why do children learn Eurythmy? So their learning - in all subjects - can come alive inside their bodies and grow with them as they grow. Eurythmy is the Language of Creation-Forces ~ a magical language that helps us (grown-ups, too!) to develop the capacities of being inwardly alive, focused and creative in life and learning.

This workshop will explore the many ways that Eurythmy can foster health, social awareness and intelligence through a body-based, experiential format. Starting with Kindergarten Eurythmy and moving up through the classes, we'll get an 'insider view' of the human capacity for imitation (the life-body in action), and explore new realms of awareness from the ground up.

Please wear comfortable clothing and bring a sense of curiosity and fun.



***Diane Tatum*** has been in love with Eurythmy for 40 years.

*She began teaching Eurythmy, Music and Drama at the Rudolf Steiner School in New York City in 1982, having completed the 4-year professional training in Hamburg and in Spring Valley, NY. In 1988 she was recruited by Else Klink to join the Stuttgart Eurythmeum as a professional stage artist, performing internationally. Diane first came to Australia on tour with the Eurythmeum in 1989. She then worked for several years in Germany with Therapeutic Eurythmy in Special Education schools as well as in clinics, hospitals and disability services. Diane settled in Australia in 1994 and began working as Professional Development consultant, teaching at Glenaeon, Kamaroi and tutoring in*

*Child Development at Sydney Rudolf Steiner College. In 2007 she completed an MEd in Education at UTS. Diane is renowned for her work with teachers at the Glenaeon Curriculum Intensives each year and for her production of Curriculum Resources for teachers worldwide.*

*Diane is also an award-winning children's music producer of 'The Magic Garden', (NAPPA Award), and singer-songwriter for 'A Flower Fairy Alphabet' (Parents' Choice Gold Award). The Magic Garden has now been translated into Chinese. Diane's big, new dream is to harness the power of Eurythmy for environmental change.*

Enquiries: [parented@kamaroi.nsw.edu.au](mailto:parented@kamaroi.nsw.edu.au), or Katie Orton on 0405 329 006. The program is also on our website [www.kamaroi.nsw.edu.au](http://www.kamaroi.nsw.edu.au)

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## Understanding the Pre-Adolescent Journey

**Presented by Lisa Devine**

**Wednesday 13<sup>th</sup> June, 7:30pm - 9pm**

[www.trybooking.com/VUSX](http://www.trybooking.com/VUSX)

The pre-adolescent phase can often prove challenging for parents. What can you expect? What's 'normal'? How can you meet the needs of your child during this stage? Come along and gain a deeper understanding of this phase of childhood development. Bring your questions, concerns and challenges.

***Lisa Devine** is the pastoral care worker at Kamaroi. She trained as a youth worker in the early 1980s and worked in a range of youth at risk programs before moving into working in the disability field. She has a Masters in Psychology and has counselled young people and their families over many years. Lisa takes young people to Africa every two years in a leadership development program. Her connection to the work of Rudolf Steiner began in the 1990s when she trained as an Eurythmist and has deepened ever since. She has worked as a Chaplain/Counsellor in three Steiner schools in Melbourne and now is the Chaplain for Glenaeon and Central Coast Rudolf Steiner School. She is also now working closely with the Kamaroi staff and students. Currently she is developing and implementing social programs targeted at preventing and treating young people suffering from eating and self-harm issues. Lisa teaches Introduction to Anthroposophy, Cosmology and Human Communication courses at the Sydney Rudolf Steiner College.*



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## Winter Creative Communion

**Presented by Vanessa Snaith**

**Friday 22<sup>nd</sup> June, 9:00am – 11:00am**

[www.trybooking.com/VUTF](http://www.trybooking.com/VUTF)

Some artistic soul food through painting, drawing, making and story (AKA Steiner for grown-ups!) Absolutely no prior experience necessary. A space to tend your inner forces and fortify. Connect with the nature and soul spiritual processes we meet in this deepening time in the cycle of the year.

*Vanessa Snaith-Gardiner has been studying, teaching and practicing Eastern and Western healing approaches to personal transformation for over 20 years, teaching and lecturing within the Anthroposophic movement for 13 years. Holding degrees in Fine Art, Education, Anthroposophic and Transpersonal Art Therapy, she shares her deep enthusiasm for the enrichment, clarity and support that art and meditative practice bring to our task in consciously evolving together. Vanessa trained at Tobias School of Art and Therapy in the UK. Registered with the Cities and Guilds Masters level. Vanessa is also the handcraft teacher at Kamaroi.*

