

Term 1 Parent Education Program, 2018



PARENT EDUCATION PROGRAM – TERM 1, 2018

A warm welcome back to returning families, and a special welcome to anyone new to the Kamaroi community.

The Parent Education program offers a chance for current and future parents, as well as members of the wider community, to learn more about Steiner Education and principles, child development and parenting; and often to deepen our awareness of ourselves and others.

Most sessions are free to attend, thanks to the generosity of the Kamaroi Parent Association. We encourage you to take advantage of as many sessions as possible. Kamaroi instils a 'love of learning' in our children – let's embrace that as parents and carers.

We are very excited to welcome **Susan Perrow** back to Kamaroi to kick off our program with a half day workshop. Susan has a long history with Kamaroi, and has delivered her storytelling and games workshops around the world. Book quickly as numbers are limited.

Lou Harvey-Zahra will shed some light on the 'Stages of Child Development and the Steiner Curriculum' in an evening session and will also offer two half day workshops (cost associated).

Lisa Devine will share her insights into what makes Steiner Education different and how it equips children for the modern world.

Later in the term we have **Dr Lakshmi Prasanna** – topic to be confirmed.

Bookings for most sessions can be made via the trybooking links below. Lou's workshop can be booked directly through her. Please feel free to share this program with the wider community – friends and grandparents always welcome!

Resources: In the library there is a parent section full of great resources on parenting, child development, and Steiner philosophy and education. There are also many great websites out there. My recommendation for this term is Susan Laing's site. There you can find profiles of Child Development – for every age. It's a great tool to refer to and many of our teachers use these profiles in Class meetings.

<http://www.creativelivingwithchildren.com/the-profiles/>

Enquiries: parented@kamaroi.nsw.edu.au, or Katie Orton on 0405 329 006. The program is also on our website www.kamaroi.nsw.edu.au

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TERM 1 PROGRAM AT A GLANCE:

<p>Week 3: Saturday 17th Feb 9:00am – 1:00pm</p>	<p><i>Susan Perrow: Rainbows and Shells: Creating Simple Games</i> https://www.trybooking.com/TQUH</p> <p>**note: Susan will also run a Therapeutic Storytelling workshop at Gleneaeon on Sunday Feb 18th on Therapeutic Storytelling – bookings direct through Gleneaeon: castlecrag@gleneaeon.nsw.edu.au OR joyful7days@gmail.com</p>
<p>Week 5: Monday 26th February 7:30pm – 9:00pm</p>	<p><i>Lou Harvey-Zahra: Understanding the Stages of Child Development</i> https://www.trybooking.com/TQUA</p>
<p>Week 6: Sunday 4th March 9:00am – 12:15pm 1:00pm – 4:15pm</p>	<p><i>Lou Harvey-Zahra: Two Half Day Workshops</i></p> <p>Morning Workshop: Creative Discipline for the early years, toddler to 7yrs</p> <p>Afternoon Workshop: Understanding the Middle Years of Childhood for parents with children from 7 to 12 years</p> <p>One Session \$55pp and \$95 per couple (morning or afternoon) OR combined whole day \$95pp and \$150 per couple. Bookings direct to Lou lou@skiptomyloparenting.com or 0425 780 681</p>
<p>Week 7: Monday 12th March 7:30pm – 9:00pm</p>	<p><i>Lisa Devine: What makes Steiner Education different and how does it equip children for the modern world?</i> https://www.trybooking.com/TYNT</p>
<p>Week 8: Thursday 22nd March</p>	<p><i>Dr Lakshmi Prasanna - topic to be confirmed</i></p>

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Rainbows and Shells: Creating Simple Games for Young Children

Presented by **Susan Perrow**

SATURDAY 17TH FEBRUARY, 9:00am – 1:00PM in the Blue Room

Limited numbers & bookings essential: <https://www.trybooking.com/TQUH>

In this half day workshop (3 to 4 hrs) the educational value of games for young children (0 – 7 yrs) is addressed, with an emphasis on rhythm and repetition, fun and enjoyment, and creativity and simplicity. Examples of different games are shared and experienced: games to build children's self-esteem & confidence, to develop gross and fine motor skills, to improve social skills, to help with creative discipline and to help develop a sense of wonder for the natural world. In the second part of the workshop participants are encouraged to create their own games for their own situations – both at home and at school.

SUSAN PERROW (M. ED) *Susan is a writer, storyteller, teacher trainer and parent educator. In 2000 she developed the first course on Storytelling for an Australian University (S.C.U.) and completed her Masters Research on Storytelling in a cross-cultural situation (post-apartheid South Africa). From 2001 to 2003 she was funded by the Australian Government to pilot creative courses and (storytelling) resources for children with challenging behaviour – CARE Program, Byron Council Today her time is spent writing, consulting with teachers, parents and therapists, and running workshops on therapeutic story-writing and storytelling. She travels internationally - from China to Africa, Europe to America and across her own sun-drenched land of Australia. Her two resource books, 'Healing Stories for Challenging Behaviour', and 'Therapeutic Storytelling' have been translated into several languages, including Mandarin, Korean, Croatian, Japanese, Spanish and Portuguese. For workshop testimonials and book information, refer to www.susanperrow.com*



Note: Susan will also run a session at Gleneagon on Sunday Feb 18th on Therapeutic Storytelling – bookings direct through Gleneagon: Mary 9958 0774 OR Joy Day 0451 152 227 castlecrag@gleneagon.nsw.edu.au OR joyful7days@gmail.com

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Understanding the Stages of Child Development and the Steiner Curriculum

Presented by best-selling author **Lou Harvey-Zahra**

Monday 26th February, 7:30 – 9:00pm

<https://www.trybooking.com/TQUA>

This talk is suitable for all parents from playgroup through the school years (toddlers to teens). Lou will cover the 'three gifts' of early childhood and how to create an environment where young children flourish. The 'Rubicon-changes' at 7 years, 9 years and 12 years will be explained. Practical home ideas to understand childhood stages, meet the needs of children and enhance relationships. To end, how does the Waldorf/Steiner curriculum support and inspire children through all ages of early and middle childhood?



Lou's presentations are always insightful, humorous, practical, and full of everyday tips for parents (and teachers). A wonderful opportunity to hear Lou present this inspiring new talk at Kamaroi Rudolf Steiner School.

Facilitator Lou Harvey-Zahra is a mother of two teenagers, a Rudolf Steiner teacher and bestselling Waldorf author. Lou presents widely across Australia, L.A. and UK. Lou's books include Happy Child, Happy Home and Creative Discipline, Connected Family: Transforming Tears, Tantrums Troubles (Floris Books). Available on all online book sites and at Sydney Rudolf Steiner Book Centre. Lou is the regular teenage columnist for Juno magazine, UK. Lou's parenting website www.skiptomylouparenting.com

"Thank you so much Lou, I left feeling confident that I could use these practical and transformative ideas straight away to make a difference to our family. It's a day and we are already having more fun, more magic and more love." Georgie Williams (parent).

Lou's books are available at her talks.

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Creative Discipline Workshops

Sunday 4th March (9am – 12:15pm AND 1pm – 4:15pm)

Morning: Creative Discipline for the early years, toddler until 7 years

Afternoon: Understanding the Middle Years of Childhood for parents with children from 7 to 12 years

One Session \$55 and \$95 couple (morning or afternoon), combined whole day \$95 and \$150 couple. Bookings to Lou lou@skiptomyloparenting.com and 0425 780 681

Two inspiring and practical workshops to understand stages of child development, gain practical ideas and tools to form strong connections, transform behaviours in a positive manner, and teach children life skills.

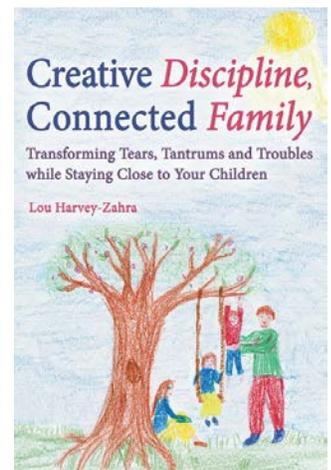
Do you ever run out of ideas as a parent? Seek to understand what is happening in your child's world? Build strong and loving family connections. Wish for positive parenting ideas? These workshops are for you! The morning will cover ideas for children to 7 years, and the afternoon ideas for children from 7 to 12 (middle years including 7th year change, 9th year Crossing and 12th year Rubicon).

'I really enjoyed Lou's workshop, it showed me so many rich, practical ideas to create a harmonious, happy and secure environment - so thank you!' *Kathryn Early (parent)*

'At last a discipline model that does not mention time out, rewards and punishments.' *Caroline Anderson (Child psychologist, family therapist and parent)*

'Creative Discipline will lighten the load and enlighten the mind.' *John Allison (Rudolf Steiner educational consultant and teacher)*

'Creative Discipline is a great guide to holding children for their highest good, and understanding children's needs' *Mara Lupieri (Steiner-Waldorf teacher)*



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What makes Steiner Education different and how does it equip children for the modern world?

Presented by **Lisa Devine**

Monday 12th March, 7:30pm - 9pm

<https://www.trybooking.com/TYNT>

Parents choose Steiner education for their children for a myriad of reasons. Come and explore some of the hidden gifts and unexpected treasures Steiner education brings to children through the various stages of their development. Learn how these gifts can continue to unfold and equip them throughout their adult lives.



Lisa Devine is the pastoral care worker at Kamaroi. She trained as a youth worker in the early 1980s and worked in a range of youth at risk programs before moving into working in the disability field. She has a Masters in Psychology and has counselled young people and their families over many years. Lisa takes young people to Africa every two years in a leadership development program. Her connection to the work of Rudolf Steiner began in the 1990s when she trained as a Eurythmist and has deepened ever since. She has worked as a Chaplain/Counsellor in three Steiner schools in Melbourne and now is the Chaplain for Glenaeon and Central Coast Rudolf Steiner School. She is also now working closely with the Kamaroi staff and students. Currently she is developing and implementing social programs targeted at preventing and treating young people suffering from eating and self-harm issues. Lisa teaches Introduction to Anthroposophy, Cosmology and Human Communication courses at the Sydney Rudolf Steiner College.

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