

Term 1 Parent Education Program, 2017



PARENT EDUCATION PROGRAM – TERM 1, 2017

A warm welcome back, and a special welcome to anyone new to the Kamaroi community. The Parent Education program offers a chance for current and future parents, as well as members of the wider community, to learn more about Steiner Education and principles, child development and parenting; and often to deepen our awareness of ourselves and others.

Most sessions are free to attend, thanks to the generosity of the Parent Association. I encourage you to take advantage of as many sessions as possible. Kamaroi instils a 'love of learning' in our children – let's embrace that as parents and carers.

There's no better way to kick off the year than a session with **Lisa Devine**. 'Introduction to Anthroposophy' is a must-attend session for all parents new to Kamaroi/Steiner Education (and those of us keen to deepen our understanding). **Lou Harvey-Zahra** will enlighten us about 'The Twelve Senses' – yes there are 12! **Vanessa Snaith-Gardiner** will inspire with her ever-popular 'From Felt to Freedom' workshop, and finally, Evan **Sanders** will lead a session on Media, Technology and the Young Child (strongly encouraged for all parents K-3).

Bookings for all sessions can be made via the trybooking links below. Please feel free to share this program with the wider community – friends and grandparents always welcome!

TERM 1 PROGRAM AT A GLANCE:

Week 3: Thursday 16th Feb 7:30pm – 9:00pm	<i>Lisa Devine: Introduction to Anthroposophy</i> https://www.trybooking.com/OOUW
Week 5: Tuesday 28th February 7:30pm – 9:00pm	<i>Lou Harvey-Zahra: The Twelve Senses</i> https://www.trybooking.com/OCDT
Week 6: Friday 10th March 9:15am – 11:00am	<i>Vanessa Snaith-Gardiner: From Felt to Freedom</i> https://www.trybooking.com/OOUV
Week 7: Thursday 23rd March 7:00pm – 9:00pm	<i>Evan Sanders: Media, Technology and Young Children</i> https://www.trybooking.com/OOUX

Introduction to Anthroposophy

Enquiries: parented@kamaroi.nsw.edu.au, or Katie Orton on 0405 329 006. The program is also on our website www.kamaroi.nsw.edu.au

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Presented by **Lisa Devine**
THURSDAY 16th February, 7:30pm - 9pm

<http://www.trybooking.com/KKFI>

Rather than a set of dogmatic prescriptions, Anthroposophy offers living pictures out of which human beings can freely sculpt their own biographies. These imaginative pictures nourish with living spiritual light and provide a direct source of inspiration and intuition that flows into everyday life. Each human being needs a body and soul that has been sculpted into a living vessel for their free spirit and in this way life becomes a truly artistic path of initiation. This course will explore living imaginations and translate them so that they can be applied in everyday life as it meets us in 2017.



Lisa Devine is the pastoral care worker at Kamaroi. She trained as a youth worker in the early 1980s and worked in a range of youth at risk programs before moving into working in the disability field. She has a Masters in Psychology and has counselled young people and their families over many years. Lisa takes young people to Africa every two years in a leadership development program. Her connection to the work of Rudolf Steiner began in the 1990s when she trained as a Eurythmist and has deepened ever since. She has worked as a Chaplain/Counsellor in three Steiner schools in Melbourne and now is the Chaplain for Glenaeon and Central Coast Rudolf Steiner School. She is also now working closely with the Kamaroi staff and students. Currently she is developing and implementing social programs targeted at preventing and treating young people suffering from eating and self-harm issues. Lisa teaches Introduction to Anthroposophy, Cosmology and Human Communication courses at the Sydney Rudolf Steiner College.

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The Twelve Senses
Presented by Lou Harvey-Zahra

Tuesday 28th February, 7:30 – 9:00pm

<https://www.trybooking.com/OCDT>

What are the Twelve Senses Rudolf Steiner identifies? How can we make sure they are nurtured for a well-balanced, calm, healthy childhood? For parents of children from playgroup/preschool to class 6.



This is a unique opportunity to hear Lou speak on this topic. Lou's presentations are always insightful, humorous, practical, and full of everyday tips for happy children and happy homes. All welcome!

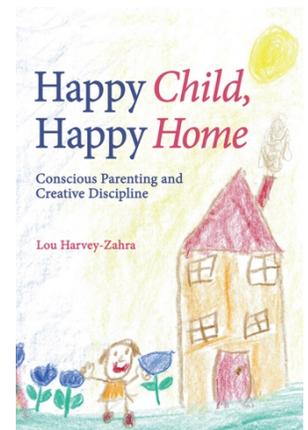
Lou Harvey-Zahra is a mother of two, Rudolf Steiner teacher and popular parenting author with three books including the bestselling Happy Child, Happy Home and Creative Discipline, Connected Family (Floris Book). Lou presents across Australia, UK and L.A.

"Thank you so much Lou, I left feeling confident that I could use these practical and transformative ideas straight away to make a difference to our family. It's day and we are already having more fun, more magic and more love."
Georgie Williams (parent).

Lou will also be presenting her Creative Discipline Workshop at Sydney Rudolf Steiner College on Sunday 5th March, cost \$95 and \$150 couple. See link:

<http://sydneyrudolfsteinercollege.com.au/creative-discipline-course/>

Lou's books are available at her talks (\$29.95) from Sydney Rudolf Steiner Book Centre see Lou's website
www.skiptomylouparenting.com



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From Felt to Freedom: The Purpose of Handcraft in the Primary Years

Presented by **Vanessa Snaith Gardiner**

FRIDAY 10TH MARCH , 9:15AM – 11:00AM

BOOKINGS ESSENTIAL DUE TO MATERIAL NEEDS: <https://www.trybooking.com/00UV>

"Joy in living, a love for all existence, energy for work - such are among the life long results of a right cultivation of the feeling for beauty and for art. " Rudolf Steiner

Does this capture the essence of what we all wish for our children? Come and hear some of the wisdom behind the relationship between working with head, heart and hands in handcraft and how this inner effort of *will* helps form the spirit *will*, the child's spirit individuality. The development of free and authentic individuality can be seen as a core striving in the goals of Steiner Education. In Rudolf Steiner's 'Philosophy of Freedom', he gives the name 'ethical individuality' to that in us that perceives moral imaginations and intuitions by which we can exercise free *will*. Hopefully we can bridge some of the conceptual gaps between some of these lofty aspirations we have for our students and its relevance to all that colour, wool, felt and tie dye!



In this talk and some practical exercises, I will seek to extrapolate an understanding of how the thinking, feeling and willing are fostered, nourished and strengthened.... How in reckoning with these invisible forces the moral senses are assured and developed forming a solid foundation for life.

Vanessa Snaith-Gardiner has been studying, teaching and practicing Eastern and Western healing approaches to personal transformation for over 20 years, teaching and lecturing within the Anthroposophic movement for 13 years. Holding degrees in Fine Art, Education, Anthroposophic and Transpersonal Art Therapy, she shares her deep enthusiasm for the enrichment, clarity and support that art and meditative practice bring to our task in consciously evolving together. Vanessa trained at Tobias School of Art and Therapy in the UK. Registered with the Cities and Guilds Masters level. Vanessa is also the handcraft teacher at Kamaroi.



Media, Technology and Young Children
Presented by **Evan Sanders**

Thursday 23rd March, 7:00pm - 9:00pm

<https://www.trybooking.com/OOUX>

This session will focus on practical advice for parents of young children (in classes K-3) at Kamaroi. We will cover recommendations for children of this age, and discuss why an unplugged childhood experience is essential to supporting a Steiner education in the early years. The evening will include suggestions for managing media and technology at home, as well as within class or friendship groups, and will include a Q&A forum for discussion

Evan Sanders is a teacher, IT professional, and former Kamaroi student. He has degrees in Digital Media and Education from Flinders University in South Australia, as well as a diploma in Rudolf Steiner Education. In addition, he has eight years experience working as a freelance web developer. Evan is passionate about finding creative ways to use technology in education to help develop children's imagination, skill and creative ability.

GENERAL RESOURCES

Parent Library

In the library there is a parent section full of great resources on parenting, child development, and Steiner philosophy and education. I encourage you to chat with Angela in the library for some recommendations of books to borrow.

Websites

There are many great websites out there. My recommendation for this term is Susan Laing's site. There you can find profiles of Child Development – for every age. It's a great tool to refer to and many of our teachers use these profiles in Class meetings.

<http://www.creativelivingwithchildren.com/the-profiles/>

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