

2016 KAMAROI PARENT EDUCATION

TERM 4 PROGRAM



As the end of year approaches we hope you will take time to attend some of the sessions we have on offer.

Evan Sanders will speak about Technology – keeping it safe, positive and healthy.

Kate Raffin will run another session on Conflict on November 3rd. This session offers something for everyone - whether you're new to this work or have attended Kate's sessions in the past. Kate will work with staff on the same day. Having a whole school approach to dealing with conflict, whether at home, school or work is invaluable.

Susan Perrow is returning to Kamaroi (after 3 years!) with a Therapeutic Storytelling workshop. Susan is renowned for her work both in Australia and overseas. Please ensure you book now to avoid disappointment – places are limited.

Janet Cater will give practical parent strategies for 2 – 8 year olds and address the age-old question 'Why won't my child listen?' Janet authored a book on this title and has a wealth of knowledge, practical tips and strategies for busy parents.

Bookings for all sessions can be made via the trybooking links below.

TERM 4 PROGRAM AT A GLANCE:

Week 4: Tuesday 1st November 7:00pm – 9:00pm	<i>Evan Sanders: Technology: keeping it positive, healthy and creative</i> https://www.trybooking.com/NPBH
Week 4: Thursday 3rd November 9:15 – 11:45am	<i>Kate Raffin: Conflict, a doorway to Connection</i> https://www.trybooking.com/NPBN
Week 5: Sunday 6th November 9:00am – 5:00pm	<i>Susan Perrow: Therapeutic Storytelling (\$70 to attend)</i> https://www.trybooking.com/MXNA
Week 6: Friday 18th November 9:15am – 11:00am	<i>Janet Cater: Why Won't My Child Listen – a bit about Brain Gym</i> https://www.trybooking.com/NPBR

Children and Technology: Keeping it Positive, Healthy, and Creative
Presented by **Evan Sanders** a Class 4 meeting also open to the wider community

TUESDAY NOVEMBER 1ST, 7:00pm - 9:00pm

<https://www.trybooking.com/NPBH>

Evan will lead a discussion about technology and children within a Steiner context. We will look at the many different viewpoints, issues and resources of which to be aware, and look at ways to encourage creative, healthy use of technology at school and at home. This session will be a class meeting for **all parents of children in Class 4** and is also open to all other parents who'd like to attend.

Evan Sanders is a teacher, IT professional, and former Kamaroi student. He has degrees in Digital Media and Education from Flinders University in South Australia, as well as a diploma in Rudolf Steiner Education. In addition, he has eight years experience working as a freelance web developer. Evan is passionate about finding creative ways to use technology in education to help develop children's imagination, skill and creative ability.



Conflict: A Doorway To Connection

Presented by **Kate Raffin**

THURSDAY NOVEMBER 3rd, 9:15am – 11:15am

<https://www.trybooking.com/NPBN>

"Peace is not the absence of conflict but the presence of creative alternatives for responding to conflict - alternatives to passive or aggressive responses, alternatives to violence."

Dorothy Thompson (9 July 1893 - 30 January 1961) was an American journalist and radio broadcaster, who in 1939 was recognised by Time magazine as the second most influential woman in America next to Eleanor Roosevelt.



Conflict is natural and inevitable but combat is optional.

Imagine this : When difference of any kind comes up, (with yourself, your partner, child, family member, work colleague, boss) it is embraced with respect and curiosity so that each member in conflict is able to speak and trust they will be heard. As a result they recover their ability to hear others and naturally work together towards solutions that work for all. Otherwise, we get what we have already got!

Join Kate Raffin for a morning of practicing skills that bring more connection, understanding and respect.

In order to support the learning environment, babes in arms are welcome but the content is not suitable for toddlers and older.

Enquiries: parented@kamaroi.nsw.edu.au, or Katie Orton on 0405 329 006. The program is also on our website www.kamaroi.nsw.edu.au

All welcome, whether you have attended anything else Kate has offered or not. This work goes hand in hand with work that Lisa Devine and Kate have been doing with staff and parents.

What others have said about Kate's work - "I'm finding Kate's talks invaluable as they are helping me to understand and view conflict in a new light as well as acquiring some helpful and useful new skills. I'm Looking forward to next week's follow up session." - Natalie (Kamaroi Parent Ed Aug 2016)

Kate Raffin is a mediator, skilled facilitator, Nonviolent Communication Certified trainer and has been working with the Kamaroi School Community on and off for about 8 years. Kate will be supporting the school, by way of individuals, teachers, staff, parents, dynamics, community in exploring and developing the most healthy and effective system in responding to conflict.

More information about Kate - <http://www.nvcaustralia.com/?action=trainer&id=40>



**Therapeutic Storytelling: addressing challenging behaviour
and situations through the medium of story**
Presented by **Susan Perrow**

SUNDAY NOVEMBER 6TH, 9:00am – 5:00PM in the Blue Room
Fee to Attend: \$70 (BYO lunch)

Limited numbers & bookings (essential): <https://www.trybooking.com/MXNA>

In this workshop, examples, ideas and techniques for writing healing ('medicinal') stories will be shared and the therapeutic use of metaphor explored. With the support of a story-making framework, the participants will be guided to create their own stories addressing a range of challenging behaviours & traumatic situations stories to give hope, to build resilience & to help develop positive values (with children, teens & adults).

SUSAN PERROW (M. ED) Susan is a writer, storyteller, teacher trainer and parent educator. In 2000 she developed the first course on Storytelling for an Australian University (S.C.U.) and completed her Masters Research on Storytelling in a cross-cultural situation (post-apartheid South Africa). From 2001 to 2003 she was funded by the Australian Government to pilot creative courses and (storytelling) resources for children with challenging behaviour – CARE Program, Byron Council Today her time is spent writing, consulting with teachers, parents and therapists, and running workshops on therapeutic story-writing and storytelling. She travels internationally - from China to Africa, Europe to America and across her own sun-drenched land of Australia. Her two resource books, 'Healing Stories for Challenging Behaviour', and 'Therapeutic Storytelling' have been translated into several languages, including Mandarin, Korean, Croatian, Japanese, Spanish and Portuguese. They will be for sale at the workshop (\$45 p.b.). For workshop testimonials and book information, refer to www.susanperrow.com

Enquiries: parented@kamaroi.nsw.edu.au, or Katie Orton on 0405 329 006. The program is also on our website www.kamaroi.nsw.edu.au

Why Won't my Child Listen? Presented by Janet Cater

FRIDAY NOVEMBER 18TH, 9:15am – 11:00AM

<https://www.trybooking.com/NPBR>

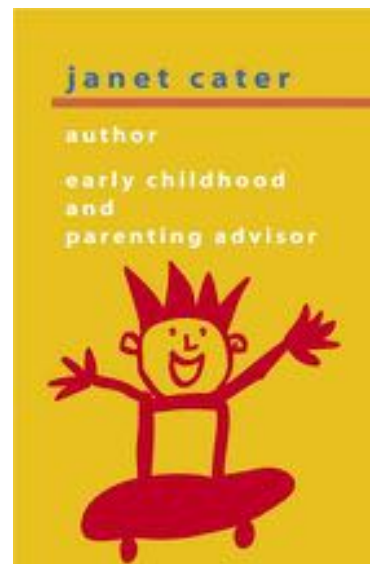
Have you ever asked yourself the question “Why won't my child listen?” At this interactive session, come and explore how children's brains work. What switches their brains on? What simple strategies can you use to manage daily challenges of parenting 2 to 8 year olds – tantrums, fussy eaters, slow coaches....

Hear a little about **Brain Gym** and how simple movements can assist focus, concentration, healthy self-esteem, social skills, reading, writing & comprehension and organization.

Co-written by Janet “Why won't my child listen?” is a book that breaks down the theory and adds practical tools to effectively implement positive change. Books will be available for sale on the day and a copy is in the Kamaroi library.

Janet Cater has qualifications in early childhood development, education and parenting. She has more than 40 years experience in her field as a teacher, lecturer, author, parent and grandmother of eight lively children. She has lectured on parenting skills throughout Australia and New Zealand, and to the early childhood industry in Sydney and has appeared on national TV/radio across Australia/NZ. She is the parent of two daughters and Grandmother of eight lively grandchildren and has had an association with Kamaroi for 10 years.

“My life long passion has been children with learning and behaviour challenges. I assist parents to get to the underlying causes of challenging behaviours and learning difficulties. I find solutions & strategies that work for their particular family. I believe that with the right guidance, parents can feel confident and empowered when managing tricky behaviour. I gain immense satisfaction seeing people become more enthusiastic about their children and able to enjoy their journey as parents.”



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