This year’s Parent Education program is looking exciting – thanks for all the feedback and topic suggestions! A special welcome to all families new to the Kamaroi Community. We hope you will take the opportunity to attend as many of these talks as possible. The Parent Education program offers a chance for current and future parents, as well as members of the wider community, to learn more about Steiner Education and principles, child development and parenting; and often to deepen our awareness of ourselves and others.

All sessions this term are offered FREE, thanks to the generous funding from the Parent Association. Bookings are greatly appreciated and make preparations much smoother. Sessions can be booked online using the trybooking links. If you have any issues you can also book via
parented@kamaroi.nsw.edu.au

Please note, there will be sessions held in Terms 2, 3 and 4 around the area of Technology, Cyber Safety and IT curriculum – you’re requests have been heard and are in the pipeline!

TERM 1 PROGRAM AT A GLANCE:

<table>
<thead>
<tr>
<th>Week 4: Thursday 19th Feb 7:00 PM</th>
<th>David Garb: Class 1 Meeting – The Journey Begins (A meeting for all Class 1 Parents)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 8: Friday 20th March 9:30AM</td>
<td>Lou Harvey-Zara: Understanding Temperaments: Know the child, see the child and hear the child <a href="http://www.trybooking.com/GXSH">http://www.trybooking.com/GXSH</a></td>
</tr>
</tbody>
</table>
CLASS 1 MEETING: The Journey Begins!

Thursday 19th February 7:00 pm

Presented by David Garb

An introduction to the curriculum for the year, and inspiration for building a happy, healthy, supportive class and school community. This meeting is for all Class 1 parents. A separate email has been sent via the class teacher.

David has a degree in Social Science, a Master of Education in Counselling, and diplomas in Special Education and Waldorf Education. He has been a class teacher in Waldorf schools and has completed 2 seven year cycles with his classes. He has a four year training in Gestalt Psychotherapy. He has been teaching and working as a group facilitator and individual counsellor/therapist for twenty years and conducts workshops and trainings in New Zealand, Australia, South Africa and the USA. David is currently in private practice as a counsellor, therapist, facilitator and consultant.
Beyond Coping to Enlivening

Monday 2nd March 7:30 - 9pm

Presented by Lisa Devine

http://www.trybooking.com/GXSB

The essence of Steiner’s work is a source of life. It opens its secrets exactly where we are at the edge of being overwhelmed by life in today’s world. It is applied spirituality at its most potent and does not ask us to believe but offers paths to reimagine and reexperience ourselves freely. Best of all it offers our children a world that keeps their minds hearts and will open alive and available.

In this session we will look at the core principles and sources of Steiner Education and explore how we can apply the essence of Steiner Education in daily life and in facing world events. This session will be of interest to those new to Steiner Education as well as those wishing to deepen their understanding of its principles.

Responding to the Changing Phases of Childhood.

Monday 9th March 7:30 - 9pm

Presented by Lisa Devine

http://www.trybooking.com/GXSC

This session will interest parents who want to understand the changing relationship between teacher and child – the art of teaching in the context of child development.

We will also begin to look at how curriculum, organisation and rhythm weave spirit soul and body together in the Steiner curriculum. This may be continued in a follow up session in Term 2.

Lisa Devine trained as a youth worker in the early 1980s and worked in a range of youth at risk programs before moving into working in the disability field. She has a Masters in Psychology and has counselled young people and their families over many years. Lisa takes young people to Africa every two years in a leadership development program. Her connection to the work of Rudolf Steiner began in the 1990s when she trained as a Eurythmist and has deepened ever since. She has worked as a Chaplain/Counsellor in three Steiner schools in Melbourne and now is the Chaplain for Glenaeon and Central Coast Rudolf Steiner School. Currently she is developing and implementing social programs targeted at preventing and treating young people suffering from eating and self-harm issues. Lisa teaches Introduction to Anthroposophy, Cosmology and Human Communication courses at the Sydney Rudolf Steiner College.

Enquiries and bookings: parented@kamaroi.nsw.edu.au, or Katie Orton on 0405 329 006. The program is also on our website www.kamaroi.nsw.edu.au
Moving Through Childhood - What Every Parent Should Know

FRIDAY 13th March, 9:15 – 11:00AM

Presented by Diane Tatem in the Blue Room

http://www.trybooking.com/GXSD

Movement plays a central role in Steiner Education. This session will bring key perspectives to the stages of motor development, from before birth through the first years of a child's life. We'll explore the ways our most essential human capacities - walking, speaking and thinking - form the basis for all learning. We'll also endeavour to put together some of the pieces of the puzzle and make sense of questions such as:

What are etheric forces? How are these forces 'born' and made accessible for learning during the 'change of teeth'?

What are the different capacities that make for School Readiness?

How does Steiner Education approach Brain Integration and Preferred Learning Styles?

Virtual Reality vs Living Reality - how does each impact on the child?

Through gaining a lively and vivid understanding of the core principles that underlie healthy development, we can support the growth and development of our children's life-forces and foster their budding imaginations.

This session will be of interest to those new to Steiner Education as well as those wishing to deepen their understanding of its principles. It is of relevance to parents, teachers and carers of children 0 - 12 years old.

Diane Tatum began teaching Eurythmy, Music and Drama at the Rudolf Steiner School in New York City in 1982, having completed the 4-year professional training in Hamburg and in Spring Valley, NY. In 1988 she was recruited by Else Klink to join the Stuttgart Eurythmeum as a professional stage artist, performing internationally. Diane first came to Australia on tour with the Eurythmeum in 1989. She then worked for several years in Germany with Therapeutic Eurythmy in Special Education schools as well as in clinics, hospitals and disability services. Diane came to Australia in 1994 and began working as a Professional Development consultant, teaching at Glenaeon, Kamaroi and tutoring in Child Development at Parsifal College, (now Sydney Rudolf Steiner College). In 2007 she completed a MEd in Education at UTS. Diane is renowned for her work with teachers at the Glenaeon Curriculum Intensives each year and for her production of Curriculum Resources for teachers worldwide. As a stage Eurythmist, she has performed with the FLOW Ensemble in “Out of the Blue” and with the Mahn Quartet in “Bach to Bartok”.

Diane is also an award-winning children’s music producer of ‘The Magic Garden’, (NAPPA Award), and singer-songwriter for ‘A Flower Fairy Alphabet’ (Parents’ Choice Gold Award). Her current passion is to infuse daily life with the joys of movement, story and song.

Enquiries and bookings: parented@kamaroi.nsw.edu.au, or Katie Orton on 0405 329 006. The program is also on our website www.kamaroi.nsw.edu.au
Understanding Temperaments
FRIDAY 20th March, 9:30 – 11:30AM

Presented by author Lou Harvey-Zahra

http://www.trybooking.com/GXSH

Know the child, see the child, and hear the child
Come along and be inspired!

Lou is back again after her 2014 popular talk ‘Happy Child, Happy Home!’

In this session, we will begin by understanding the four temperament types, to gain personal insight and growing awareness towards partners, children, and work associates (all relationships). We discuss: stages of life; parenting styles; and understanding children: hear the child, see the child and know the child. Touching on Temperaments and Creative Discipline to end. Knowledge leads to greater self-awareness, clarity and harmonious relationships.

This is a unique opportunity to hear parenting author Lou Harvey-Zahra speak on this interesting topic.

This talk suits parents with children of all ages and teachers and carers.

Lou Harvey-Zahra is a mother, Rudolf Steiner teacher and popular parenting author. Lou’s gives talks across Australia and UK. Lou’s second book Happy Child, Happy Home: Conscious Parenting and Creative Discipline (Floris Books) will be available at the event $29.95.

See Lou’s website www.skiptomylouparenting.com (free monthly newsletter)

Parent feedback: ‘Today I am more relaxed around my son, and I am able to steer my parenting in the right direction so we are more in harmony with each other. Becoming more aware of my son's temperament, and my own too has freed me up to totally accept every part of his being, even the difficult parts - and now I feel I have more skills to bring out the best in him.’

Enquiries and bookings: parented@kamaroi.nsw.edu.au, or Katie Orton on 0405 329 006. The program is also on our website www.kamaroi.nsw.edu.au